

Extreme Sri Lanka - Multisport

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Bike - Hike - Kayak - Camp



Get ready for an assault on your senses & let's not mince words here as this is the most extreme multisport tour this island has to offer. While being scenic across rugged & remote countryside, this trip is a total self sufficient trip. You would traverse through some of the driest, hottest, coldest & tallest terrains of Sri Lanka. World Heritage forests, National Heritage sites & restricted waterways are only some of the encounters that would leave you breathless in more ways than one!

Total distance: Around 200Km.

Bike: 70Km
Hike: 80Km
Kayak: 50Km

Temperature: Between 09 to 37 degrees.

Conditions: Steep inclines & declines + all features of a rain forest.

Elevation: Between 1000 to 5500Feet.

Difficulty level: As a combination, this is wildly the hardest

Distance per day: varies upon fitness levels

Group size: Minimum 6 - maximum 15



Program:

Day 1.

We meet-up very early besides an ancient irrigation system, to kayak down its currents. Midway picnic lunch & we make camp for the night besides the hiking trail. Dinner & overnight stay at campsite.

Day 2.

Decamp early & leave after breakfast on the trek. Our path lies besides a river system with its many streams. With a picnic lunch midway we camp for the night at a village or a grass plain with dinner.

Day 3.

Decamp after breakfast & commence the long trek besides a waterway. Midway we stop for lunch & complete the day at an ancient village. This was the area that the last King of Sri Lanka was heading to & had he made it, in all probability this island would still be a Kingdom. This location is also the burial site of the last two princesses of Sri Lanka.

Day 4.

Decamp after breakfast & commence ascending a seemingly impossible rockface, besides a stream. Midway we stop for lunch & re-commence the uphill task. We make camp atop a grass platform where we stay for the night with dinner.

Day 5.

Decamp after breakfast & get ready for a roller coaster day! Up & down steep valleys with a few waterfalls to negotiate, dense jungle, the odd creepy-crawly are only some of the obstacles. This is a long-hard day where we need to get ourselves into a grass plain, which is the only habitable place around. We stop for a quick picnic lunch besides a waterway with dinner & overnight stay at the campsite.

Day 6.

Leave after breakfast & ascend to an ancient village where we have a late lunch. We make camp here as there's no place to camp hereon. Witness a world where time has stood still since Royal times. These folks live a quality life, fully utilizing the forests for their needs. Dinner is a communal affair where we share our meal. Overnight in tents.

Day 7.

After easy breakfast we trek & then ascend a Mt. top to make camp. Astounding views of the entire countryside, not forgetting that you're on a very large plateau of grass & flowers ["This could easily be one of the top 10 campsites in the world" Tim Bennett - UK 1997]. Dinner at campsite with overnight stay.



Day 8.

Decamp after breakfast & leave for the river, where lunch will be made after a refreshing swim. Trek uphill towards an ancient bungalow in the middle of nowhere. Dinner & overnight stay at the bungalow.

Day 9.

Leave leisurely after breakfast to the ridge of the mountain where on the other side camp will be made besides a stream. Late lunch after a swim and an evening at leisure with dinner & overnight stay at the campsite.

Day 10.

Decamp after breakfast & leave on mountain bikes. Its steep hills both up & down the near 70KM's. forest path, estate roads & secondary roads have to be negotiated on your machines. We have a picnic lunch besides a stream before the final assault of uphill riding. You're then rewarded with a 16KM downhill descent, all the way to camp besides one of the deepest waterways. Dinner & overnight stay at the campsite.

Day 11.

Leave after breakfast on kayaks across the reservoir. This is a very exhilarating ride over an ancient submerged town. We meet at the other end of the lake to pick you up however reluctantly...

--- End of Trip ---



Included -

[As per above itinerary]

- [x] Board & lodging on full board basis
- [x] Portégé
- [x] Camp cook with fresh hot cooked meals
- [x] Tea, Coffee, juice & water refills
- [x] Limited Sri Lankan spirits
- [x] English speaking guides
- [x] Camera & video photography
- [x] Related permits & permissions

- [x] 2-man & 4-man tents
- [x] Insect repellent & leech socks
- [x] 1st aid kit [we are qualified in wilderness 1st aid]
- [x] Internationally branded Mt bikes with dual suspension
- [x] 2-man sit-on-top kayaks [non sinkable]
- [x] All related safety equipment
- [x] Extra bikes
- [x] Spares for emergency repairs
- [x] Front & rear sweeper vehicle [bike & kayak]
- [x] 2-way radio communication + mobile networks
- [x] Toilet tent
- [x] Sleeping bag & camping pillow
- [x] Ground sheets
- [x] Backup/emergency staff throughout
- [x] Standby vehicle at nearest point of roadway throughout the trip
- [x] Drivers board & lodging

This is a community assisted tourism project & is an expedition style wilderness camping trek with everything carried in & out.

*This is not a trip for the faint hearted!

**We strongly advice a personal insurance cover.

***This is not a trip that can be safely conducted throughout the year, as the Mountain range directly faces the oncoming NE monsoon. Do check for safe times [as the weather pattern is not the same every year].

****We will provide you with a list of things to bring.

*****If group is over 15 we would have to re-plan the route

We reserve the rights to alter or change the above-mentioned itinerary, for safety or other unforeseen reasons, in best interest of all concerned. Rates are based on current value.

