

Extreme Sri Lanka - Multisport

ref:CA-SL-08KN-278

Bike - Hike - Kayak - Camp



Let's not mince words here as this is the most extreme multisport tour this island has to offer. While being scenic across rugged & remote countryside, this trip is a total self sufficient trip. You would traverse through some of the driest, hottest, coldest & tallest terrains of Sri Lanka. World Heritage forests, National Heritage sites & restricted waterways are only some of the encounters that would leave you breathless in more ways than one!

Total distance: Around 170Km.

Bike: 70Km

Hike: 70Km

Kayak: 30Km

Temperature: Between 09 to 37 degrees.

Conditions: Steep inclines & declines + all features of a rain forest.

Elevation: Between 1000 to 5500Feet.

Difficulty level: As a combination, this is wildly the hardest

Distance per day: varies upon fitness levels

Group size: Minimum 6 - maximum 20



Program:

Day 1.

We meet-up at a mountain top in the morning to commence the trip. Say goodbye to civilization & pose for the group picture! Select your Mt. Bike & customize it as this would be yours for the rest of the trip. We ride downhill which gradually becomes a steep decline. Here we stop for a picnic lunch. It's uphill & a tough one at that at around 5KM's. That negotiated, we ride downhill to a pretty stream & waterfall where we stop for the night. Swim at the stream while camp is set-up. Dinner & overnight stay at the camp.

Day 2.

Ride after breakfast uphill again before the path starts getting flat. After getting over the 1st big hill we have a picnic lunch & continue riding across narrow path of tea gardens. This gives in to forests, where at the end of the road, we make camp besides a stream. Swim at leisure until its dinnertime, with overnight stay at the campsite.

Day 3.

Trek after breakfast upto the ridge of the Knuckles mountain & descend down to a hidden valley 'Wilderness'. An ancient bungalow gives us shelter for the night with lunch & dinner at the bungalow.

Day 4.

After breakfast we trek down to the valley, where we stop for lunch besides a river. We then ascend a Mt. top to make camp. Astounding views of the entire countryside, not forgetting that you're on a very large plateau of grass & flowers ["This could easily be one of the top 10 campsites in the world" Tim Bennett - UK 1997]. Dinner at campsite with overnight stay.

Day 5.

Leave leisurely after breakfast & descend to an ancient village where we have a late lunch. We make camp here as there's no place to camp hereon. Witness a world where time has stood still since Royal times. These folks live a quality life, fully utilizing the forests for their needs. Dinner is a communal affair where we share our meal. Overnight in tents.



Day 6.

Decamp after breakfast & trek into deep forest. Waterfalls & streams, with the odd wildlife scattering around are only some of the sights. We stop at a waterway for picnic lunch. We finish the trek on a grass ledge, where camp would be made as well as dinner. Overnight in tents.

Day 7.

Decamp after breakfast & get ready for a roller coaster day! Up & down steep valleys with a few waterfalls to negotiate, dense jungle, the odd creepy-crawly are only some of the obstacles. This is a long-hard day where we need to get ourselves into a grass plain, which is

the only habitable place around. We stop for a quick picnic lunch besides a waterway with dinner & overnight stay at the campsite.

Day 8.

At ease - chill...and you literally will, at around 5500Feet, in the middle of a rain forest. We take this day easy not forgetting that we are on a very pretty perch! If you're the restless type may we suggest a peak to climb or a cave to visit.

Day 9.

Decamp after breakfast & commence the long trek down besides a waterway. Midway we stop for lunch & complete the day at an ancient village. This was the area that the last King of Sri Lanka was heading to & had he made it, in all probability this island would still be a Kingdom. This location is also the burial site of the last two princesses of Sri Lanka.

Day 10.

Decamp early & trek alongside a river where we kayak to an island midstream. Lunch en-route with dinner & overnight stay at camp site.

Day 11.

Leave after breakfast on kayaks down to the end of the roadway & say hello to civilization! We arrange a picnic lunch at the meeting point of our vehicles.

--- End of Trip ---



Included -

[As per above itinerary]

- [x] Board & lodging on full board basis
- [x] Portégé
- [x] Camp cook with fresh hot cooked meals
- [x] Tea, Coffee, juice & water refills
- [x] Limited Sri Lankan spirits
- [x] English speaking guides
- [x] Camera & video photography
- [x] Related permits & permissions

- [x] 2-man & 4-man tents
- [x] Insect repellent & leech socks
- [x] 1st aid kit [we are qualified in wilderness 1st aid]
- [x] Internationally branded Mt bikes with dual suspension
- [x] 2-man sit-on-top kayaks [non sinkable]
- [x] All related safety equipment
- [x] Extra bikes
- [x] Spares for emergency repairs
- [x] Front & rear sweeper vehicle [bike & kayak]
- [x] 2-way radio communication + mobile networks
- [x] Toilet tent
- [x] Sleeping bag & camping pillow
- [x] Ground sheets
- [x] Backup/emergency staff throughout
- [x] Standby vehicle at nearest point of roadway throughout the trip
- [x] Drivers board & lodging

This is a community assisted tourism project & is an expedition style wilderness camping trek with everything carried in & out.

*This is not a trip for the faint hearted!

**We strongly advice a personal insurance cover.

***This is not a trip that can be safely conducted throughout the year, as the Mountain range directly faces the oncoming NE monsoon. Do check for safe times [as the weather pattern is not the same every year].

****We will provide you with a list of things to bring.

*****If group is over 20 we would have to re-plan the route

We reserve the rights to alter or change the above-mentioned itinerary, for safety or other unforeseen reasons, in best interest of all concerned. Rates are based on current value.

